## **Regina Robinson**

Subject: Attachments: FW: Letter in Support of the Crystal Mountain Rezoning Application

Letter to LTC members.docx; ATT00001.htm

Begin forwarded message:

From: Tieg Mowbray

Date: September 13, 2016 at 12:46:06 PM PDT

To: rkojima@islandstrust.bc.ca, spottle@islandstrust.bc.ca, gharris@islandstrust.bc.c,

lbusheikin@islandstrust.bc.ca, kstockdill@islandstrust.bc.ca

Cc: j oakley

Subject: Letter in Support of the Crystal Mountain Rezoning Application

Hello LTC members,

Hope you are all well. Attached is a letter of my support for the Crystal Mountain rezoning application.

Many thanks for your considerations,

Tieg Mowbray



## Dear Local Trust Committee members,

I am writing this letter in support of the Crystal Mountain reasoning proposal. My name is Tieg Mowbray. I live on Galiano and am a close neighbour to the lands to be rezoned, and I volunteer at Crystal Mountain.

I do various things, whatever is needed, like chopping firewood, cooking, helping set-up retreats, etc. It is part of my spiritual practice. And I get a great joy out of it.

I first met my teacher, several years ago. He has been a constant help and support over those years and has helped me grow tremendously. He has given his time, energy, food, and even monetary funds to support me when I wasn't working.

If you are not familiar, Crystal Mountain is a meditation retreat centre, where people come, from Galiano and various parts of the globe, to do silent investigation into their minds, their world, their perceptions, their beliefs, and various other things in order to free themselves of habits and tendencies that cause harm to themselves and others, subtle and not so subtle. In order to do this, they need silence, non-distraction, and the support of a spiritual mentor who can guide them with the appropriate means. The current proposal of Crystal Mountain is to keep structures small and not too spread out and therefore maintenance to a minimum. Reducing the need for many staff and politics which other retreat centres face. The idea is to support people to do rigorous meditative work in a supportive environment. Nature and solitude are 2 of those things. To me, the community benefit is simple. You have people doing the work of love, compassion, giving, and expanding clarity, and that naturally radiates out to the world. Some of the most beautiful and talented people I know, I have met at Crystal Mountain. They are a true inspiration to me. The people who leave retreat change their own lives and naturally change the lives of others. They bring the gifts of love and compassion to the world, and actually that is what our world needs most.

Crystal Mountain is actually one of the few places people can really do deep meditation without going to Asia. It is unique and a rare opportunity for individuals wishing to practice, and we should do our utmost to support them. Because believe it or not, they support us. With their thoughts, words, and actions.

Thank you,

Tieg