

**From:** Kate Nash [redacted]  
**Sent:** Thursday, September 24, 2020 7:10 PM  
**To:** Laura Patrick  
**Subject:** Good homes mean good Ohm's

Laura Patrick,

or Z's.

How you sleep effects us all at a spiritual and cellular level.

If you are safe and secure in your enviornment then you can sleep deep.

If you are marginalized then you just cant make great descions.

Please help keep all of our residents going to bed early with a beautiful home.

Hint...vandalism happens after dark.....when people should be sleeping.

Keep that in mind.

Kipp and Kate Nash

Kate Nash

[redacted]  
[redacted]  
[redacted]